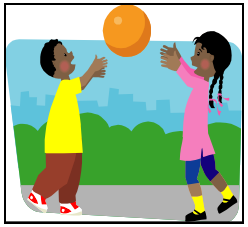
Detroit Public Schools

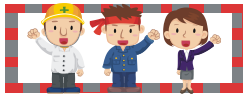
"Children are ready to learn when Nutrition is the Mission"

4 or 8 oz. Bottled Water
Served With Lunch
Daily



SEPTEMBER 2013

LUNCH MENU

Mon	Tue	Wed	Thu	Fri
2 **LABOR DAY**  **SCHOOL CLOSED**	**3** **Turkey Burger On W.W. Bun** **Romaine Salad Mix** **Steamed Spinach** **Chilled Mandarin Oranges** **Milk** **School Bus Cookie**	**4** **Meat Loaf** **Brown Rice With Gravy** **Green Beans** **Romaine /Spring Salad Mix** **Chilled Mixed Fruit** **W.W. Dinner Roll** **Strawberry Milk**	**5** **Chicken Taco With Tortilla Rounds** **Shredded Lettuce/Tomato** **Red Beans & Rice** **Chilled Applesauce** **Milk**	**6** **HAVE A PEACHY SCHOOL YEAR!** **W.G. Crust Cheese Pizza** **Romaine Salad & Tomatoes** **California Blend Vegetables** **MICHIGAN FRESH PEACH** **Milk**
9 **Toasted Cheese Sandwich** **Cherry Tomatoes** **Green Peas** **Chilled Mixed Fruit** **Milk**	**10** **Cheeseburger on W.W. Bun** **Vegetarian Baked Beans** **Shredded Lettuce & Tomato** **Mandarin Oranges** **Milk**	**11** **Crispy Popcorn Chicken** **Mustard & Turnip Greens** **Baked Sweet Potato Fries** **Fresh Golden Apple** **W.W. Dinner Roll** **Strawberry Milk**	**12** **W. G. Crust Cheese Pizza** **Romaine Salad & Tomatoes** **Steamed Carrots** **Chilled Diced Pears** **Milk**	**13** **Baked Chicken Fryz** **Mashed Potatoes & Gravy** **Seasoned Green Beans** **Chilled Diced Peaches** **W.W. Dinner Roll** **Milk**
16 **Pizza Dippers** **Romaine Salad & Tomatoes** **Steamed Spinach** **Chilled Pineapple Tidbits** **Milk**	**17** **Crispy Football Chicken Nuggets** **Baked Sweet Potatoes** **Romaine & Spring Mix Salad** **Cinnamon Applesauce Cup** **W.W. Dinner Roll** **Milk**	**18** **Turkey Sloppy Joe On W.W. Bun** **Seasoned Corn** **Romaine Salad & Tomatoes** **Chilled Mixed Fruit** **Strawberry Milk**	**19** **Seasoned Chicken Fajita Bowl** **Steamed Brown Rice** **Seasoned Black Beans** **Romaine Salad & Tomatoes** **Chilled Mandarin Oranges** **W.W. Dinner Roll** **Milk**	**20** **Pasta Roll Up** **Romaine Salad/Tomatoes** **Seasoned Green Peas** **Chilled Diced Pears** **W.W. Dinner Roll** **Milk**
23 **Vegetarian Chili** **Corn Cobbett** **Romaine & Spinach Salad** **Chilled Mixed Fruit** **W.W. Crackers** **Milk**	**24** **Crispy Chicken Tenders** **Romaine & Spring Mix Salad** **California Blend Vegetables** **Fresh Gala Apple** **W.W. Dinner Roll** **Milk**	**25** **BBQ Beef Ribette** **Baked Sweet Potatoes** **Black Eye Peas** **Chilled Pineapple Tidbits** **Corn Muffin** **Strawberry Milk**	**26 MICHIGAN HARVEST DAY** **W. G. Crust Cheese Pizza** **Steamed Broccoli Florets** **Stoplight Vegetable Cup** **Chilled Applesauce** **Milk**	**27** **Baked Turkey Meatballs In Gravy** **Steamed Brown Rice** **Seasoned Green Peas** **Fresh Baby Carrots** **Chilled Diced Pears** **W.W. Dinner Roll** **Milk**
30 **Bean & Cheese Burrito** **Romaine Salad & Tomatoes** **Steamed Carrots** **Chilled Pineapple Tidbits** **Milk**				

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