

Menu Subject to Change

MARCH

2014

Breakfast in the Classroom Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Strawberry Yogurt Chex Mix w/ Mozzarella Cheese Stick Chilled Peach Cup Milk Choice</p>	<p>4</p> <p>Turkey Sausage Breakfast Bagel Orange-Tangerine Juice Milk Choice</p>	<p>5</p> <p>Apple Cinnamon Crispy Bar w/ Mozzarella Cheese Stick Apple Slices Milk Choice</p>	<p>6</p> <p>Breakfast Turkey Sausage Burrito Fruit Punch Juice Milk Choice</p>	<p>7</p> <p>Cereal Bowl w/ w / Mozzarella Cheese Stick Apple Slices Milk Choice</p>
<p>10</p> <p>Coco Krispie Bar w/ Graham Crackers Chilled Applesauce Milk Choice</p>	<p>11</p> <p>Turkey Sausage Breakfast Burrito Orange Tangerine Juice Milk Choice</p>	<p>12</p> <p>Triple Cherry Yogurt w/ Graham Crackers Raisins Milk Choice</p>	<p>13</p> <p>Cheese Omelet w/TaterTots WW Roll Milk Choice</p>	<p>14</p> <p>Cereal Bowl w/ Mozzarella Cheese Stick Apple Slices Milk Choice</p>
<p>17</p> <p>UBR Bar Mixed Fruit Cup Milk Choice</p> 	<p>18</p> <p>Cheese Omelet WW Roll White Grape Juice Milk Choice</p>	<p>19</p> <p>Strawberry Yogurt Chex w/ Graham Crackers Chilled Peach Cup Milk Choice</p>	<p>20</p> <p>Mini Maple Pancakes Fruit Punch Juice Milk Choice</p>	<p>21</p> <p>Strawberry Yogurt Nutrigrain Bar w/ Graham Crackers Chilled Applesauce Milk Choice</p>
<p>24</p> 	<p>25</p>	<p>26</p>	<p>27</p>	<p>28</p> 
<p>31</p> <p>Breakfast Break Milk Choice</p>				

Spring Break

News

Did you know?

Children need healthy meals to learn! Our breakfast program provides meals with all the vitamins and nutrients that growing children need.

Breakfast is the most important meal of the day. It gives students the energy and nutrients that lead to increased concentration in the classroom. Breakfast provides energy for morning activities and helps prevent that mid-morning slump.

Studies have proven that students who eat breakfast, have easier time learning and are more likely to be in school, because they are less likely to be absent, late or in the nurses office.

Enjoy School Breakfast Every day!
Fresh Fruit Offered Daily

Offer vs. Serve

Students are allowed to take 3 out of the 4 choices for breakfast.

Milk Offered Daily

1% White Only
Skim, Chocolate and Strawberry

Payments

Please make checks payable to the Department of Food & Nutrition Services. Please write your child's name and ID # on the check or money order. You can also prepay on-line or check your child's account balance at

www.MyPaymentsPlus.com

or by toll free phone at
1 877-237-0946.