Barrow County Elementary Menus

5-Aug	6-Aug	7-Aug	8-Aug	9-Aug
Breakfast				
		Chicken Biscuit or Cereal Choice	**Cinnamon Swirl or Cereal Choice**	**Breakfast Flatbread or Cereal Choice**
		Yogurt	**Yogurt**	**Yogurt**
		Assorted Juice or Fruit	**Assorted Juice or Fruit**	**Assorted Juice or Fruit**
"This institution is an equal opportunity provider and employer."				
Lunch				
		Corn Dogs	Personal Pizzas	Cheeseburger
		Chef Salad with Chicken 2oz & Goldfish Crackers	Chef Salad with Chicken 2oz & Goldfish Crackers	Fruit and Yogurt Plate
		SB&J Sandwich	SB&J Sandwich	SB&J Sandwich
		Carrot Sticks (1/2 c)	**Sunshine Carrot Salad (1/4 c)**	
				Baked Beans (1/2 c)
			Garden Salad (1 c)	
		Potato Wedges (1/2 c)	**Corn on the Cob (1/2c)**	**Sun Chips**
				Cole Slaw (1/4 c)
Fruit Choices	**Fruit Choices**	**Fruit Choices**	**Fruit Choices**	**Fruit Choices**
All meals include a choice of milk.				

Barrow County Elementary Menus

12-Aug	13-Aug	14-Aug	15-Aug	16-Aug
Breakfast				
Waffler Choice or Cereal	**Chicken Biscuit or Bagler**	**Breakfast Pizza or Cereal Choice**	**Steak Biscuit or Cereal Choice**	**Breakfast Pups or Cereal Choice**
Yogurt	**GoGurt**	**Yogurt**	**GoGurt**	**Yogurt**
Assorted Juice or Fruit	**Assorted Juice or Fruit**	**Assorted Juice or Fruit**	**Assorted Juice or Fruit**	**Assorted Juice or Fruit**
"This institution is an equal opportunity provider and employer."				
Lunch				
Chicken Sandwich	Beef Tamale Pie*	Chicken Nuggets and Roll	BBQ Sandwich	Deli Sandwich
Chef Salad with Turkey or Ham 2oz & Pretzels	Chef Salad with Turkey or Ham 2oz & Pretzels	Chef Salad with Turkey or Ham 2oz & Pretzels	Chef Salad with Turkey or Ham 2oz & Pretzels	Fruit and Yogurt Plate
SB& J Sandwich	SB& J Sandwich	SB& J Sandwich	SB& J Sandwich	SB& J Sandwich
Cherry Tomatoes and Celery w/dip (1/2 c)				
	Pinto Beans (1/4 c)		**Baked Beans (1/4 c)**	
	Strawberry Spinach Salad (1 c)		**Cole Slaw (1/4 c)**	**Broccoli Salad (1/2 c)**
Oven Fries (1/2 c)		**Mashed Potatoes (1/2 c)**		**Mexicali Corn (1/2 c)**
		Cucumber Slices (1/4 c) Ranch	**Sun chips**	
Applesauce Cup (1/2 c)	**Diced Peaches (1/2 c)**	**Chilled Pineapple (1/2 c)**	**Frozen Juice Cup (1/2 c)**	**Craisins**
All meals include a choice of milk.				

Barrow County Elementary Menus

19-Aug	20-Aug	21-Aug	22-Aug	23-Aug
Breakfast				
Breakfast Streudel or Cereal	**Chicken Biscuit or Cereal**	**Mini Pancakes or Cereal**	**Sausage & Egg Biscuit or Cereal**	**Mini Cinnis & Grits or Cereal**
Yogurt	**GoGurt**	**Yogurt**	**GoGurt**	**Yogurt**
Assorted Juice and Fruit	**Assorted Juice and Fruit**	**Assorted Juice and Fruit**	**Assorted Juice and Fruit**	**Assorted Juice and Fruit**
"This institution is an equal opportunity provider and employer."				
Lunch				
BRUNCH FOR LUNCH	Hot Dogs w/Chili	Beefy Nachos or Tacos	Ravioli & Rip Sticks	Asian Rice Bowl
Chef Salad with Grilled Chicken & Rip Stick	Chef Salad with Grilled Chicken & Rip Stick	Chef Salad with Grilled Chicken & Rip Stick	Chef Salad with Grilled Chicken & Rip Stick	Fruit Yogurt an Muffin Plate
SB&J Sandwich	SB&J Sandwich	SB&J Sandwich	SB&J Sandwich	SB&J Sandwich
Cherry Tomatoes (1/4 c) with Ranch Dip	**Carrot Sticks (1/4 c) Dip**			
	Baked Beans (1/2c)	**Black Beans (1/2 c)**		
		Lettuce/Tomato (1/2 c)	**Green Salad (1 cup)**	**Broccoli Dippers (1/2 c)**
Tri Taters (2)	**Cole Slaw (1/4 c)**		**Hot Buttered Corn (1/2c)**	**Oriental Veggies (1/2 c)**
Fresh Fruit Choice	**Fresh Fruit Choice**	**Fresh Fruit Choice**	**Fresh Fruit Choice**	**Fresh Fruit Choice**
Marvelous Fruit Salad	**Fruit Slushy**	**Pineapple (1/2c)**	**Applesauce cups**	**Strawberry Cups (1/2 c)**
All meals include a choice of milk.				

Barrow County Elementary Menus

26-Aug	27-Aug	28-Aug	29-Aug	30-Aug
Breakfast				
Breakfast Muffin Tops & Oatmeal or Cereal	**Chicken Biscuit or Cereal**	**French Toast Sticks (4) with Ham or Cereal**	**Sausage Biscuit or Cereal**	**Turkey Sausage Bagel or Cereal**
Applesauce	**Yogurt**	**Yogurt**	**Yogurt**	**Yogurt**
Assorted Juice or Fruit	**Assorted Juice or Fruit**	**Assorted Juice or Fruit**	**Assorted Juice or Fruit**	**Assorted Juice or Fruit**
"This institution is an equal opportunity provider and employer."				
Lunch				
Mozzarella Cheese Sticks	Chicken Flapz	Beefy Bean Burritos	Calzones	BBQ Sliders
Chef Salad with Cheese Sticks (2) & Saltine Crackers	Chef Salad with Cheese Sticks (2) & Saltine Crackers	Chef Salad with Cheese Sticks (2) & Saltine Crackers	Chef Salad with Cheese Sticks (2) & Saltine Crackers	Fruit and Yogurt Plate
SB&J Sandwich	SB& J Sandwich	SB& J Sandwich	SB& J Sandwich	SB& J Sandwich
Cherry Tomatoes (1/4 c) with Ranch Dip				**Sweet Potato Tots (1/2 c)**
		Fiesta Beans (1/2 c)		
Garden Fresh Salad (1 c)	**Lettuce/ Tomato/Pickle**	**Lettuce&Tomatoes (1/2c)**	**Green Salad (1 cup)**	
Oven Fried Okra (1/2 c)	**Veggie Fries (1/2 c)**		**Yogurt & Fruit Parfait (1 c)**	**Cole Slaw (1/4 c)**
Fresh Fruit Choice	**Fresh Fruit Choice**	**Fresh Fruit Choice**	**Fresh Fruit Choice**	**Fresh Fruit Choice**
Applesauce (1/2 c)	**Strawberries (1/2 c)**	**Peach Cups (1/2 c)**	**Pears (1/2 c)**	**Watermelon**
All meals include a choice of milk.				