September 2013

SchoolFood FEED YOUR MIND

Monday	Trayless Tuesday	Wednesday	Thursday	Friday
2 **THE CLASSICS** Tasty Beef Ravioli Super Hero Spinach	**3** **GOLDEN CRISPY** Crispy Chicken Sandwich on a Whole Grain Roll Burger Condiments Wedge Cut Potatoes	**4** **NACHO TACO** Southwest Style Beef with Shredded Cheese & Salsa Baked! Tostitos® Scoops® Seasoned Pinto Beans	**5** **THE CLASSICS** Savory Roasted Chicken FritoLay® SunChips ® Orange Roasted Carrots	**6** **PIZZA PARTY** NY Style Pizza Slice Oven Baked Pizza Bagel French Bread Pizza Marinated Green Beans
9 **WELCOME BACK** Glazed Grilled Chicken Sandwich With BBQ Sauce OR Honey Mustard Glazed on a Whole Grain Roll Roasted Sweet Potato Wedges Dipping Sauces	**10** **CHEESY GOODNESS** Oven Baked Italian Cheese Herbed Marinara Sauce Broccoli Trees	**11** **CORNER DELI** Assorted Deli Sandwiches Served Hot OR Cold Whole Grain Bread Soft Wheat Wraps Marinated Green Beans Fruit Juice Ice	**12** **THE CLASSICS** Savory Roasted Chicken Chef's Choice Sauce NEW! Spanish Rice/Herbed Rice Pilaf Seasoned Bean Choice Sweet Plantains	**13** **PIZZA PARTY** NY Style Pizza Slice Oven Baked Pizza Bagel French Bread Pizza Green Garden Salad Choice of Dressings Flavor Station
16 **CHICKEN DELIGHTS** Crispy Chicken Tenders Dipping Sauces Cucumber Salad Crunchy Carrot Sticks	**17** **BURGER BASH** Big Apple Cheese Burger Deluxe on a Whole Grain Roll Lettuce & Tomato Jamaican Beef Patty Burger Condiments Straight Cut Potatoes	**18** **BOWL EM OVER** Grilled Chicken Strips NEW! with Shredded Cheese & BBQ Sauce over Rice Choice OR with Asian Sesame Sauce over Hot Lo Mein Noodles Broccoli Trees	**19** **THE CLASSICS** *Slow Cooked Turkey* Country Gravy Mashed Potatoes Orange Roasted Carrots Sunrise Corn Bread	**20** **PIZZA PARTY** NY Style Pizza Slice Oven Baked Pizza Bagel French Bread Pizza Green Garden Salad Choice of Dressings/Flavor Station Chickpea Salad
23 **CHEESY GOODNESS** Oven Baked Italian Cheese Herbed Marinara Sauce Broccoli Trees	**24** **CHICKEN DELIGHTS** Crispy Chicken Sandwich with Lettuce and Pickles on a Whole Grain Roll Dressings and Sauces Roasted Sweet Potato Wedges	**25** **NACHO TACO** Southwest Style Beef with Shredded Cheese & Salsa Jasmine Rose Rice in a Warm Taco Boat OR Soft Wheat Wrap OR Baked! Tostitos® Scoops® Seasoned Bean Choice NEW!	**26** **THE CLASSICS** Savory Roasted Chicken Chef's Choice Sauce NEW! FritoLay® SunChips ® Braised Collard Greens Red Roasted Potatoes	**27** **PIZZA PARTY** NY Style Pizza Slice Oven Baked Pizza Bagel French Bread Pizza Green Garden Salad Choice of Dressings Flavor Station Cucumber Salad
30 **CHICKEN DELIGHTS** Crispy Chicken Tenders Dipping Sauces Super Hero Spinach Crunchy Carrot Sticks				

Offered Daily : Milk (1% low fat, fat free & fat free chocolate), Fresh Fruit, Canned Fruit, PB&J and Cheese Sandwiches

Flavor Station : Granulated Garlic, Red Pepper Flakes, Parmesan Cheese, Oregano

Burger Condiments : Ketchup, Mustard, Mayonnaise *Dipping Sauces : Ketchup, Honey Mustard, Mayo, Duck Sauce*

Dressings : Asian Sesame, Balsamic, Chipotle Ranch, French, Honey Mustard, Lite Italian

Menu is Subject to Change

K-8 Lunch Menu

NYC Department of Education

WHOLE GRAINS COUNCIL Whole Grains at Every Meal